



Pork Injection Marinade

1 ½ cups apple juice
1 cup apple cider vinegar
½ cup sugar
2 Tablespoons salt

Optional:

2 Tablespoons powdered (in a coffee grinder) rub (of your choice) or 1 more Tablespoons salt
2 tablespoons Worcestershire sauce
Hot sauce (e.g. Frank's) to taste

Heat the apple juice and add the salt, rub and sugar. When dissolved, add the remaining ingredients. Cool.